

**JUNGIAN ANALYSIS BETWEEN  
RESEARCH AND THERAPEUTIC PRACTICE**



INTERNATIONAL CONFERENCE  
FLORENCE, ITALY 13-14 MAY 2023  
NH Collection Palazzo Gaddi  
9, Via del Giglio

## PRESENTATION

Analytical or complex psychology, more than sixty years after the death of its founder Carl Gustav Jung, is enjoying growing interest from scholars and clinicians. Jung began his career as an academic psychiatrist and always maintained the mentality of the researcher, even pointing out large areas to be explored to his pupils. His suggestions were followed up very late: only in the last few decades have specific researches been carried out with quantitative and qualitative methods on some aspects of analytical psychology and - in German-speaking countries - Jungian psychotherapy and its effectiveness have been studied. However, the persistent reluctance to scientific methods comes from multiple causes, including the belonging of Jungian thought to a holistic tradition that does not reconcile with the reductionist approach that dominates the academic world and also clinical psychology. This tradition is mainly followed implicitly, without a precise reference to its origins. Hence the need to recover the genesis of Jungian psychology in the German Philosophy of Nature of the late nineteenth century, rather than considering it a heretical derivation of Freudian orthodoxy – as instead is still affirmed in what already in 1970 Henri Ellenberger defined as a legend. Jung himself attributed a fundamental value to nature throughout his life, so much so as to induce him to build the *Bollingen Tower*, which was chosen as the representative image of this conference. Analytical psychology therefore demonstrates a specific modernity in being ready to implement current ecological needs, which translate into the need of the contemporary human being to find an inner balance between technology and nature. In general, the new course of Jungian historiography - with scholars such as Thomas Arzt, Paul Bishop, Sonu Shamdasani and Eugene Taylor - has demonstrated the independence of Jung's ideas since before he came into contact with psychoanalysis. This conference aims to address the issue of the *specificity of analytical psychology* with respect to other psychodynamic theories and different therapeutic orientations. It was divided into three sessions: the first will outline theoretical aspects; the second intends to highlight the characteristics of the therapeutic method that derives from Jungian thought; the third will discuss what are the training needs to prepare future analysts for the aforementioned method of psychotherapy.

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## SATURDAY, MAY 13th

8.30-9.15

Registration

9.15-9.30

Greetings from the Tuscany Section Coordinator and the AIPA President

### *FIRST SESSION: THE PSYCHOLOGY OF CARL GUSTAV JUNG*

Chairman: **Filippo Strumia**

9.30- 10.15

*Lectio magistralis* by **Christian Roesler**: Empirical research in analytical psychology

10.15-10.45

**Stefano Carrara**: Carl Gustav Jung, psychiatrist and researcher

Coffee break

11.15-11.45

**Riccardo Bernardini**: From Goethe to Eranos: On the problem of the archetypal in complex psychology

11.45-12.15

**Marco Balenci**: The philosophy of nature as the foundation of Jungian method of analysis

12.15-13.00

Discussion

### *SECOND SESSION: CHARACTERISTICS OF JUNGIAN ANALYSIS*

Chairwoman: **Elena Caramazza**


14.30-15.15

*Lectio magistralis* by **Francesco De Bei**: Research on the use of the couch in the analytical setting

15.15-15.45

**Antonio de Rienzo**: The analytic relationship from a Jungian perspective

Coffee break



16.15-16.45

**Luisa Zoppi:** From the feeling-toned complex to the clinical effects of trauma

16.45-17.15

**Gianluigi Di Cesare:** Jung and psychotherapy of schizophrenia

17.15-18.15

Panel discussion

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## SUNDAY, MAY 14th

9.00

Introduction

*THIRD SESSION: TRAINING IN THE ANALYTICAL METHODOLOGY*

Chairman: **Paolo Francesco Pieri**

9.15-10.00

*Lectio magistralis* by **Renate Daniel:** Reflections on the courses in the C. G. Jung Institute of Zurich

10.00-10.30

**Concetto Gullotta:** The centrality of the analytical path in the training of analytical psychologists

10.30-11.00

**Anna Maria Sassone:** "I want to be an analyst". The personality of the analyst as a healing factor

Coffee break

11.30-12.30

Panel discussion

12.30-12.45

Final conclusions



## SPEAKERS

**Marco Balenci:** Analytical Psychologist AIPA-IAAP, Coordinator of the AIPA Tuscany Section

**Riccardo Bernardini:** Scientific Secretary of the Eranos Foundation, Ascona; Director of the Institute of Analytical Psychology and Psychotherapy (IPAP), Postgraduate School of Psychotherapy, Ivrea; Professor of Psychology of Evil and Radicalization Processes, Turin University; Analytical psychologist ARPA-IAAP

**Elena Caramazza:** Training Analytical Psychologist AIPA-IAAP

**Stefano Carrara:** Psychiatrist, Former Professor of Dynamic Psychology, Pisa University; Analytical Psychologist AIPA-IAAP

**Renate Daniel:** Psychiatrist, Director of Programs at the C. G. Jung Institute, Zurich; Training Analytical Psychologist CGJIZ-IAAP

**Francesco De Bei:** Professor of Developmental Psychopathology, Pontifical Salesian University, Rome; Teacher at the S.S.P.P., Postgraduate School of Psychotherapy, Latina

**Antonio de Rienzo:** Specialist in Health Psychology, Analytical Psychologist AIPA-IAAP

**Gianluigi Di Cesare:** Psychiatrist, Teacher at Postgraduate Schools of Psychotherapy, Rome and Florence; Analytical Psychologist AIPA-IAAP

**Concetto Gullotta:** Psychiatrist, Training Analytical Psychologist AIPA-IAAP, AIPA Past President

**Paolo Francesco Pieri:** Former Professor of Dynamic Psychology, Florence University; Training Analytical Psychologist CIPA-IAAP, Editor of the Journal «Atque: Materiali tra filosofia e psicoterapia»

**Christian Roesler:** Professor of Clinical Psychology, Catholic University of Applied Sciences, Freiburg; Teacher at the C. G. Jung Institutes in Stuttgart and Zurich; Analytical Psychologist DGAP-IAAP

**Anna Maria Sassone:** Training Analytical Psychologist AIPA-IAAP, Past AIPA President

**Filippo Strumia:** Psychiatrist, Training Analytical Psychologist AIPA-IAAP, AIPA President

**Luisa Zoppi:** Training Analytical Psychologist AIPA-IAAP, Member of the Executive Committee IAAP



## CONFERENCE REGISTRATION

Complete the registration form in full, sign and send it together with copy of the bank transfer to [aipatoscana@hotmail.it](mailto:aipatoscana@hotmail.it) communicating whether you intend to participate in presence or online.

Payment to bank account in the name of AIPA TOSCANA at Banca Intesa San Paolo, Florence office – IBAN IT09S0306902993100000006205

Reason: Conference 13-14 May 2023

### **Registration fees until February 15, 2023**

Members of IAAP adhering Associations	€	170
Others	€	220

### **Registration fees after February 15, 2023**

Members of IAAP adhering Associations	€	200
Others	€	250

### DINNER

It is scheduled for Saturday 13 and its cost is not included in the registration fee. Reservations must be made by 13 April by sending an email to [aipatoscana@hotmail.it](mailto:aipatoscana@hotmail.it)



## LOGISTICS INDICATIONS

The conference is held near the Santa Maria Novella railway station, in via del Giglio, the first street on the left onto via Panzani coming on foot from piazza dell'Unità Italiana within the restricted traffic area.

Those arriving at the Florence airport can take the T2 tram to the terminus (Unità), which is a three-minute walk from the conference venue. The ride takes about 20 minutes.

Those arriving by car can use the car park under the station, a few minutes' walk from the conference venue. However, it is advisable to leave the car in an exchange car park (cheaper and more easily accessible):

- 1) in viale Guidoni for those arriving on the A12 motorway at Firenze Peretola, then taking the T2 tram to the terminus (Unità), which is a three-minute walk from the conference venue;
- 2) arriving on the A1 motorway, at the Villa Costanza exit, then taking the T1 tram to the Valfonda-Stazione Santa Maria Novella stop, a four-minute walk from the conference venue.

## THE ORGANIZATIONAL COMMITTEE

**Marco Balenci** (scientific coordination)  
AIPA-IAAP, APA, IAJS

**Duilio Borselli**  
AIPA-IAAP, Health Director of the Villa Lorenzi Project – Florence

**Lorena Pretelli** (scientific secretariat)  
AIPA-IAAP, Immigration Centers and Adult Mental Health – Florence

**Mauro Ricci**  
AIPA-IAAP

**Carla Tognaccini**  
AIPA-IAAP